

Resilience
Healthcare



Transitioning to Adult Day Services

February 2026

Speakers



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Director of Day Services



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What we will cover

- About Us
- Our Services
- PWS Knowledge & Expertise
- What is New Directions
- HSE process
- Resilience Healthcare process
- Transitions



About us

Resilience Healthcare is a fully Irish owned provider of essential disability services. It was founded in 2011 and is headquartered in Ennis, Co Clare.

Through residential, shared care, respite, supported living, day services, outreach, and clinical therapies services we support over 350 people with Autism, PWS, intellectual, physical and sensory disabilities.

Day Service Overview

Resilience Healthcare currently has 12 Day Services

- Kerry - Listowel, Tralee & Killarney
- Kildare - Nass & Clane
- Cork - Ballincollig
- Clare - Ennis
- Wexford - New Ross
- Dublin - Swords
- Kilkenny
- Mayo - Castlebar
- Galway

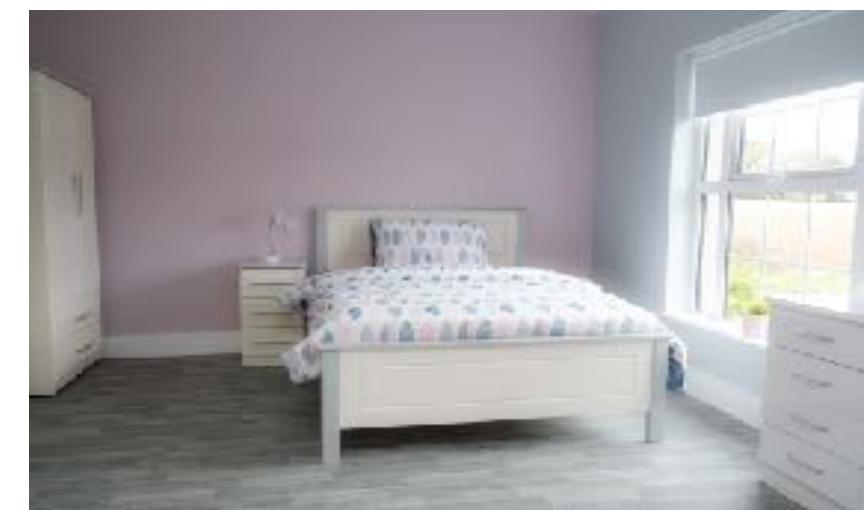


Residential, Respite & Shared Care Services

Our PWS Services



Lemongrove, Wexford



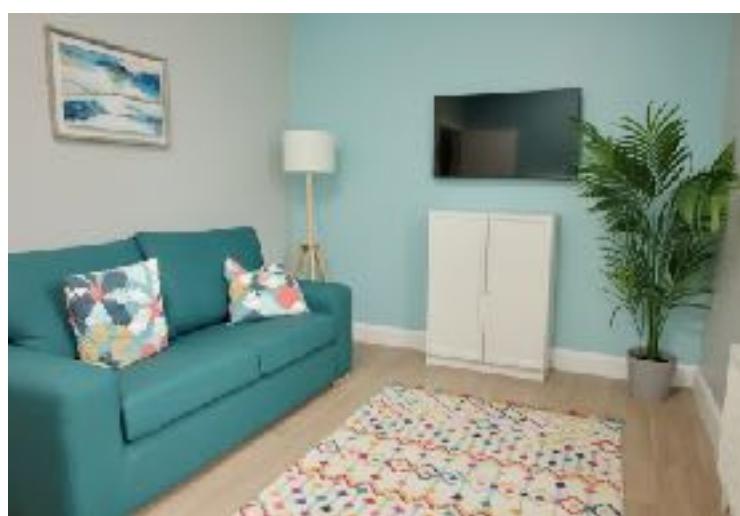
Rose Lodge, Kildare



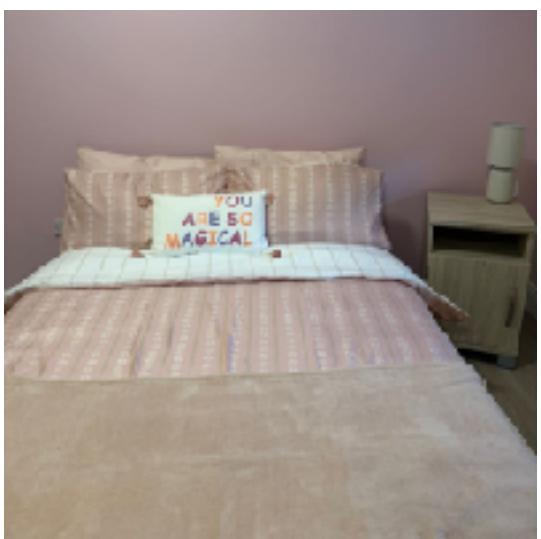
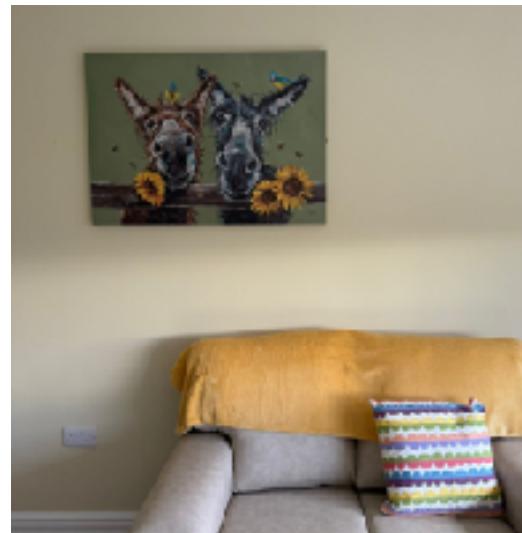
Ait Shona, Laois



Abbey Lodge, Cork



Moyne View, Wexford



PWS Service Overview

Currently

- Supporting 40 people
- 4 Residential & 1 Respite Service (1st worldwide)

2026

- + 20 people
- + 2 Residential Services



Our PWS Knowledge and Experience

Resilience has a PWS specific model of care in place with a fully trained specialised team.

When day services receive a referral for an individual who has a diagnoses of PWS, the PWS specialised team are involved from the assessment process right through to the decision on programme delivery. This ensures that the correct approach and programme is delivered.

Full PWS specific training is provided to the Day service team with ongoing support as required.

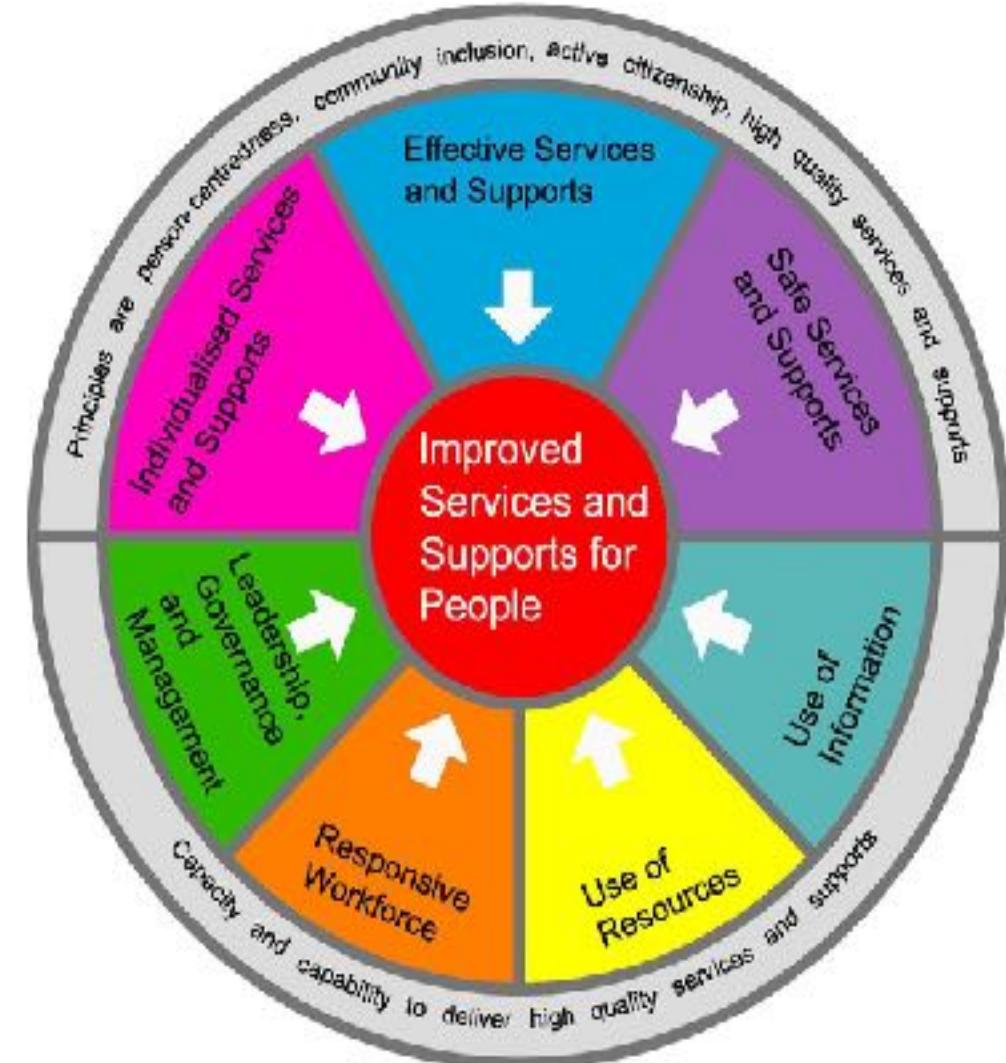
Opportunities for additional Outreach Supports.



New Directions

- The Story

- 2012 New Directions Report Published
- 2013 Policy Adoption by HSE
- 2015 Introduction of Interim Standards
- 2016 New Directions Guidance Document Published
- 2018 Person centred Planning Framework
- 2025 Outcomes – Focused Monitoring System



New Directions

Supporting adults to live self determined, connected and meaningful lives.

- Person-centered planning
- Active citizenship
- Personal and social development
- Health and wellbeing
- Education and formal learning
- Transition and progression
- Employment supports
- Community inclusion
- Use of mainstream community services
- Personal expression and creativity
- Relationships and friendships
- Advocacy and rights



What is an Adult Day Service?

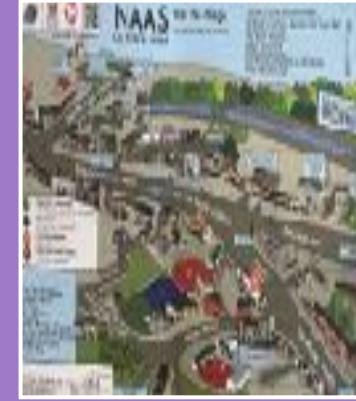
- A support for adults with disabilities aged 18+
- Focused on personal goals, independence and community inclusion
- Guided by HSE New Direction Framework
- Each persons day looks different



Expanding Experiences



Independent Living Skills



Community Inclusion



Vocational Skills



Community Mapping



Meaningful Social Roles

Our Partners

DUNNES
STORES

Dillíoll
Teicneolaiochta
an Atlantaigh

Atlantic
Technological
University

 **MTU**
Ollscoil Teicneolaiochta na Mumhan
Munster Technological University

 active healthy **me**

 **Children's
Disability
Network
Team**

Centra
Live Every Day


local link
The new name for Rural Transport


SuperValu
Tidy Towns
Caring for our environment


FoodCloud


Bus Éireann

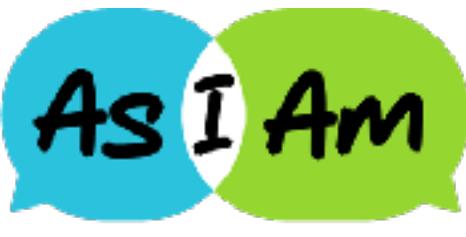

HSE


**enable
ireland**
Disability Services
Life With No Limits


Citizens Information

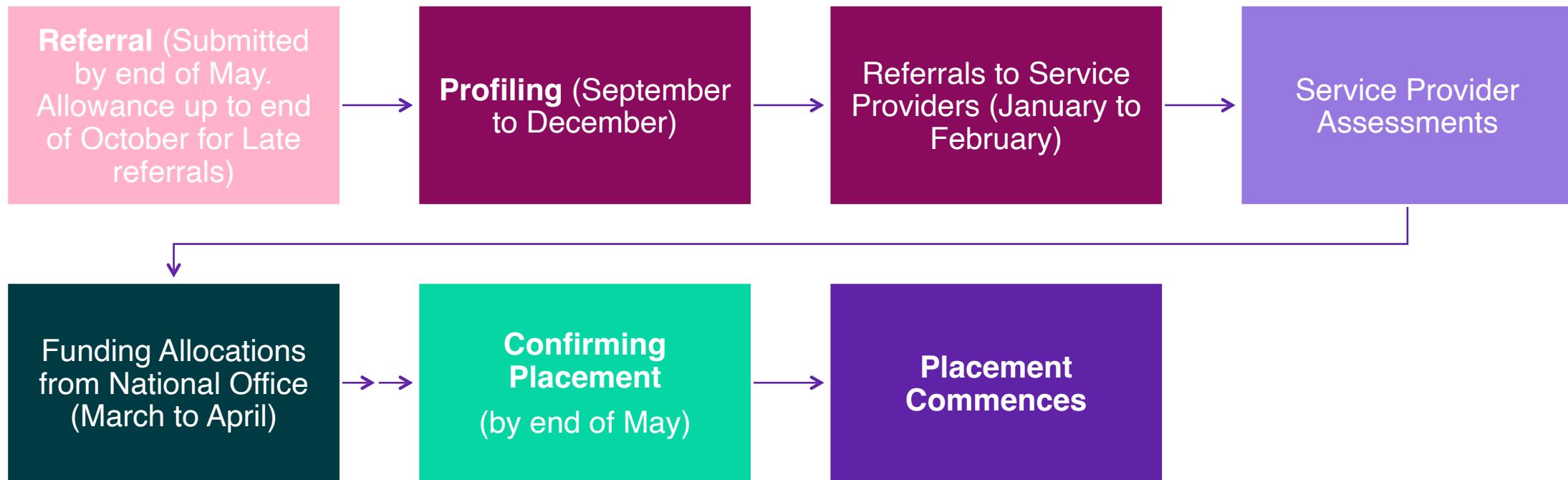

Inclusion Ireland
The National Association for People
with an Intellectual Disability.


Employability

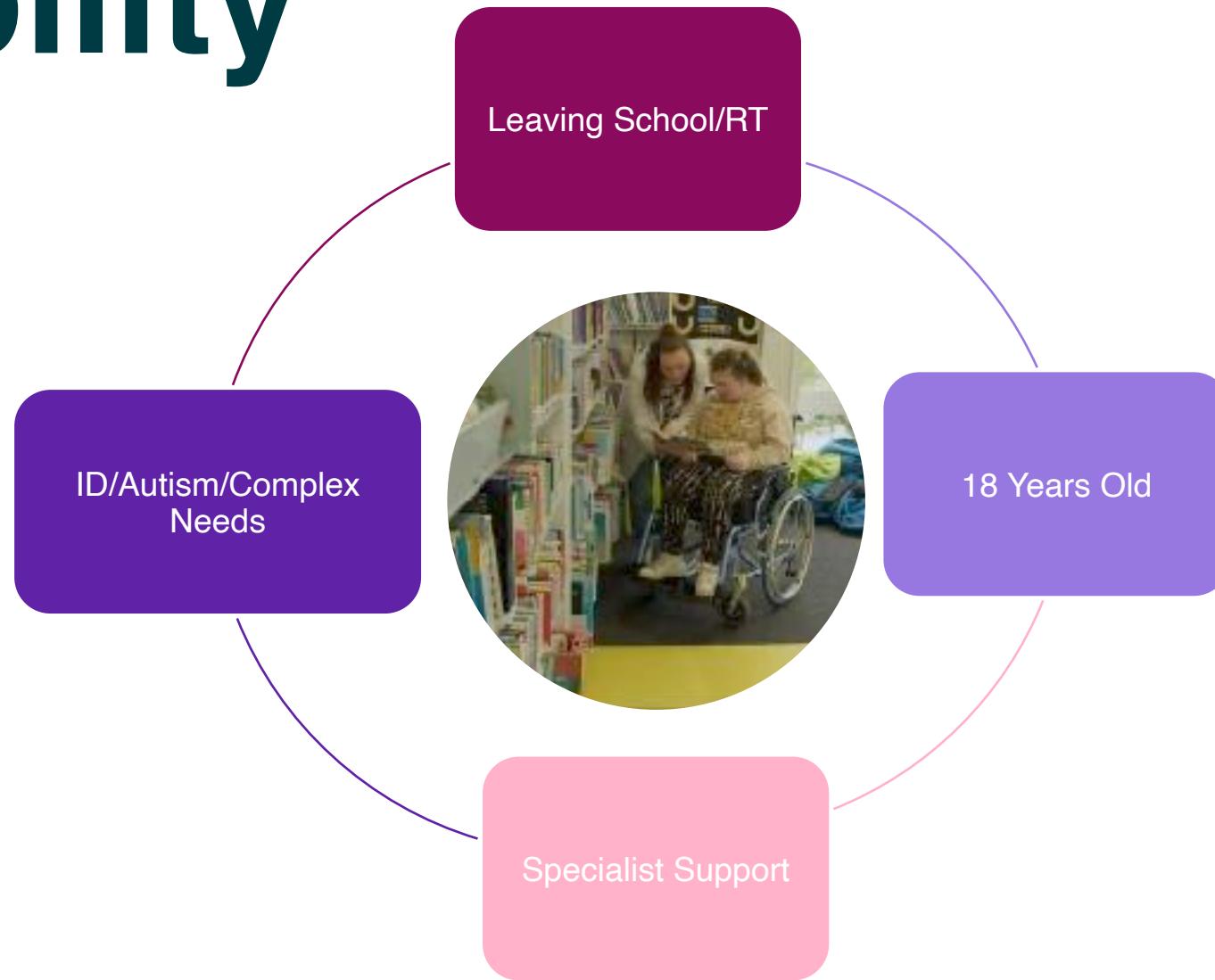

As I Am
IRELAND'S AUTISM CHARITY



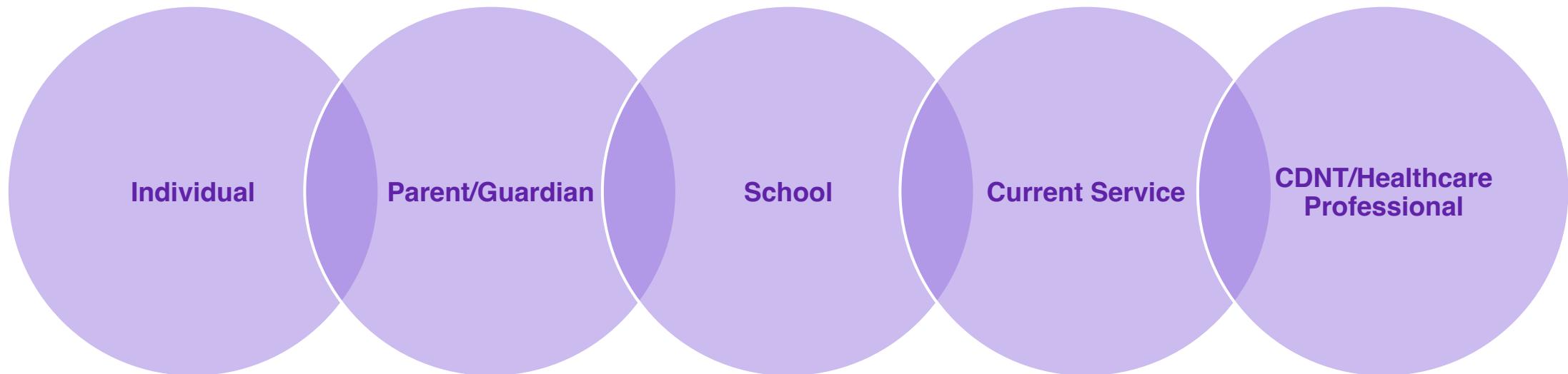
HSE Process



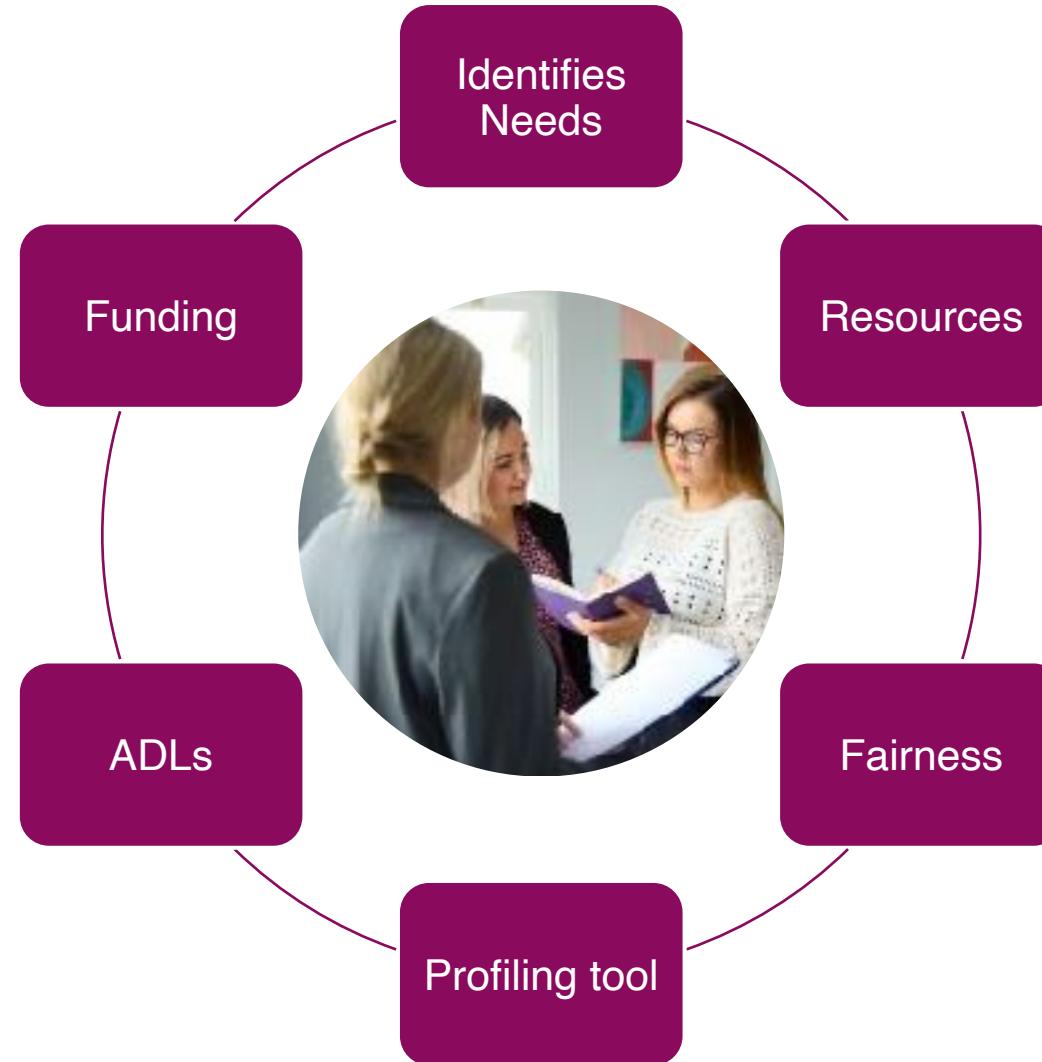
Eligibility



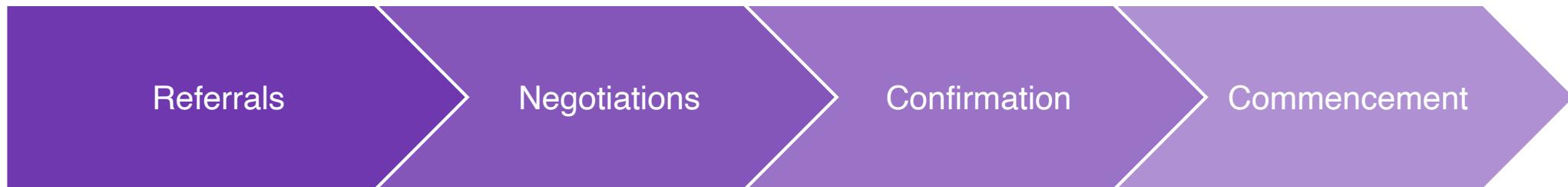
Referrals



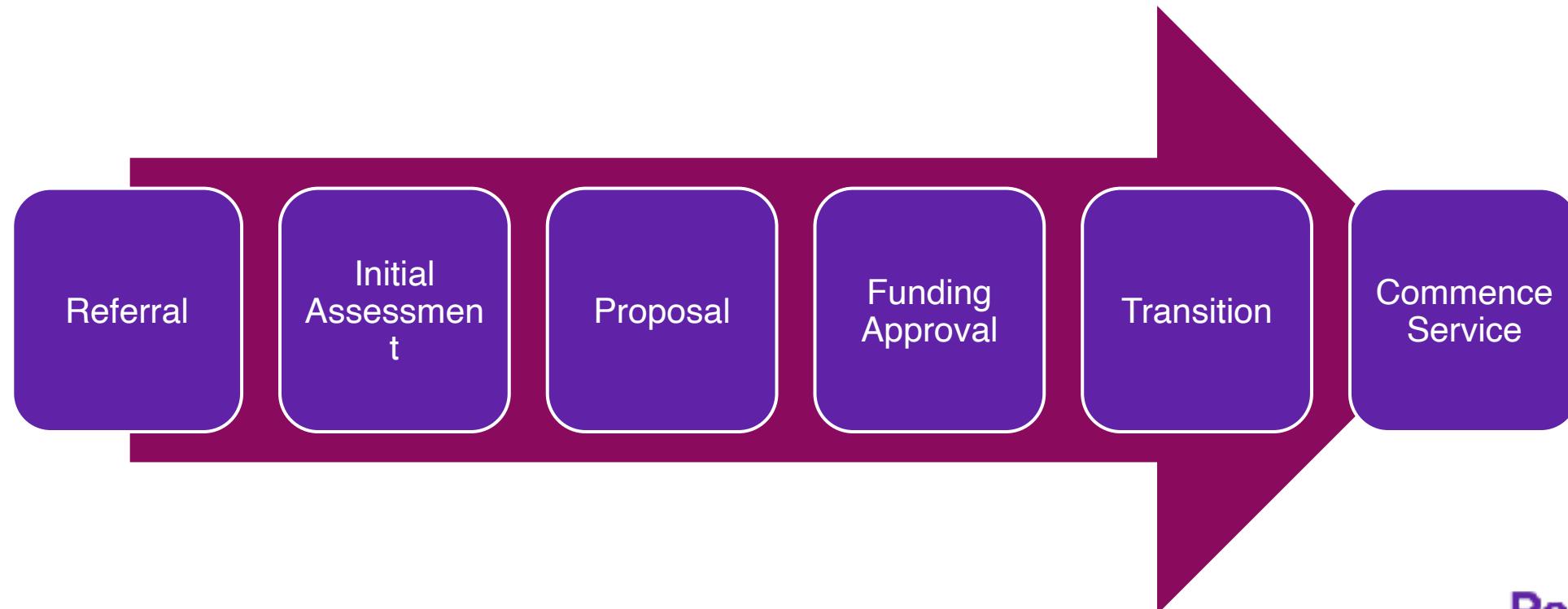
What is profiling?



Next steps after profiling?



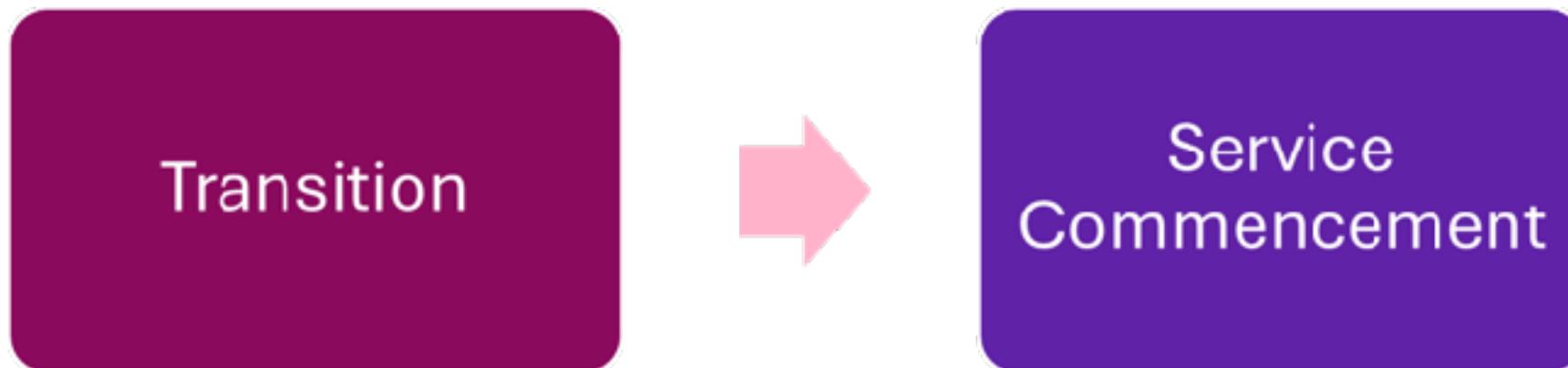
Resilience Healthcare Process



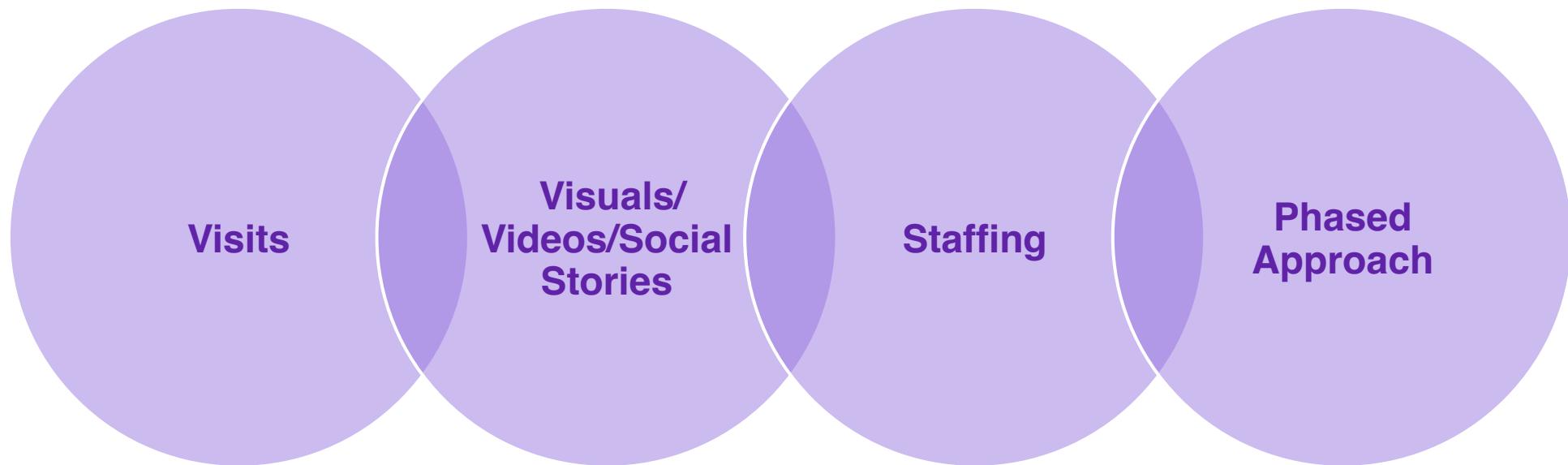
Initial Assessments



Service approved... What next?



Transition Process



Transition Planning

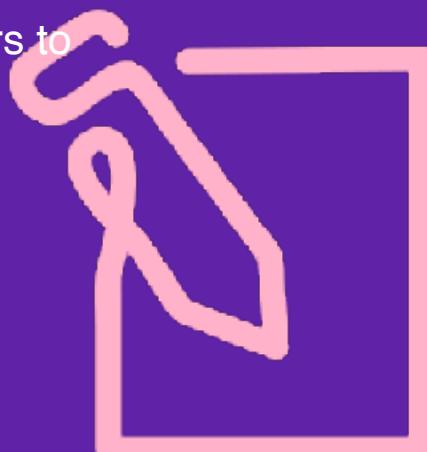
- Transition planning will be a different experience for everyone- there is no one size fits all!
- Start planning early, ideally 12-24 months before school completion
- Transparent admissions process guided by collaboration and clear communication
- Awareness-visit-understand-prepare-involve



Transition Planning Tips

The transition from school to adult services can be overwhelming but there are some things that you can do to support this process

- **Awareness** – be aware of the services that are in your area and attend any information events the provider or the HSE are hosting in your area.
- **Visit** – Contact the provider or the HSE disability team to arrange visits. It is a good opportunity for you to ask questions about the service. This helps you to understand what providers offer and their approach to supports.
- **Understand** – Understand the process of profiling, referrals, assessments and transitioning to a new service
- **Prepare** – Have reports ready, if applicable. These are important for the HSE and for the providers to complete assessments for the individual
- **Involve** – Involve the individual in discussions about them, it helps them to feel ownership and confidence about their choices



Resilience
Healthcare

**The Power
of Possible**



Questions

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AÍT SHONA

